

附件 1

第五届中国·徐州“丝路汉风”国际武术大赛 暨 2023 年全国传统武术比赛竞赛规程

一、竞赛时间和地点

2023 年 12 月 6 日至 10 日在中国江苏省徐州市举行。

二、主办单位

国家体育总局武术运动管理中心、中国武术协会、江苏省体育局、徐州市人民政府。

三、承办单位

江苏省体育竞赛管理中心、江苏省武术运动管理中心、江苏省武术运动协会、徐州市体育局、徐州市武术协会。

四、参加办法

各省、自治区、直辖市、计划单列市、新疆生产建设兵团体育局武术运动管理中心（武术主管部门）、武术协会，各行业体协，各体育院校，各武术之乡；

承认并遵守中国武术协会章程的境内武术组织；

承认并遵守国际武术联合会章程的各国家或地区武术团体、武术组织。

五、竞赛项目

（一）个人项目

1. 拳术

(1) 太极拳类:

规定项目: 24 式太极拳、42 式太极拳、陈式、杨式、吴式、武式、孙式太极拳竞赛套路。

传统项目: 陈式、杨式、吴式、武式、孙式、其它传统太极拳(报名时请填写具体套路名称)。

(2) 南拳类: 咏春拳、五祖拳、洪拳、蔡李佛、地术拳、鹤拳、其它南拳(报名时请填写具体套路名称)。

(3) 其它拳术类: 形意拳、八卦掌、八极拳、通臂拳、劈挂拳、翻子拳、地躺拳、象形拳、查拳、花拳、炮拳、红拳、华拳、少林拳、武当拳、峨眉拳、其它传统拳术(报名时请填写具体套路名称)。

2. 器械

(1) 单器械: 刀、剑、棍、枪、朴(大刀)、扇子、匕首、鞭杆、杖、棒、拐、铲、叉、太极剑(含 42 式太极剑)、太极刀、太极枪、南刀、南棍、其它器械(报名时请填写具体套路名称)。

(2) 双器械: 双刀、双剑(含长穗双剑)、双鞭(含刀加鞭)、双钩、双匕首、双钺、其它双器械(报名时请填写具体套路名称)。

(3) 软器械: 九节鞭、双节棍、三节棍、流星锤、绳镖、其它软器械(报名时请填写具体套路名称)。

(二) 对练项目(不设年龄组别)

徒手对练、器械对练(含徒手与器械对练)。

(三) 集体项目(不设年龄组别)

集体拳术、集体器械(含徒手与器械)。

六、参加办法

(一) 每队可报领队 1 名、教练 1 名、队医 1 人、运动员人数不限，随队人员若干。

(二) 每名运动员限报拳术 1 项、器械 1 项，可兼报对练和集体项目。

(三) 每队限报对练 1 项，限 2 人或 3 人编组，男、女可混合编组，不设年龄组别。

(四) 每队限报集体项目 1 项，人数不得少于 6 人，男、女可混合编组，不设年龄组别。

(五) 境内组各队可申请参加团体赛，性别和年龄组别不限，人数不得少于 15 人(含 15 人)，并需要参加集体项目。境外组不设团体赛。

七、竞赛办法

(一) 比赛执行中国武术协会审定的 2012 年版《传统武术套路竞赛规则》及相关补充规定。

(二) 完成套路时间：

1. 传统拳术、器械不超过 2 分钟(太极类项目除外)。
2. 太极拳不超过 4 分钟。演练至 3 分钟时，裁判长鸣哨提示。
3. 太极器械不超过 3 分钟。演练至 2 分钟时，裁判长鸣哨提示。

4. 对练不少于 40 秒钟，太极拳对练不超过 3 分钟。

5. 集体项目不超过 4 分钟。

（三）规定项目必须按照规定套路顺序演练，不得增减和改变动作。每增减一个动作或每改变动作一次，均扣 0.1 分，累计扣分。裁判长吹哨之后的剩余套路未完成不予扣分。

（四）集体项目须配音乐（自备音乐，MP3 格式）。音乐中不得出现说唱等内容，出现说唱者，由裁判长总扣 0.1 分；未配乐者，由裁判长总扣 0.1 分。比赛时，由本队教练或领队负责播放音乐。

（五）个人项目年龄分组

儿童组（A 组）：11 岁和 11 岁以下（2012 年 1 月 1 日之后出生者）；

少年组（B 组）：12 岁至 17 岁（2006 年 1 月 1 日至 2011 年 12 月 31 日出生者）；

青年组（C 组）：18 岁至 39 岁（1984 年 1 月 1 日至 2005 年 12 月 31 日出生者）；

中年组（D 组）：40 岁至 59 岁（1964 年 1 月 1 日至 1983 年 12 月 31 日出生者）；

老年组（E 组）：60 岁和 60 岁以上（1963 年 12 月 31 日之前出生者）。

八、录取与奖励办法

（一）个人项目

按各单项年龄组别和男女组别分别设一等奖 20%、二等奖 30%、三等奖 30%。颁发获奖证书和奖牌。

（二）对练项目

按徒手对练、器械对练（含徒手与器械对练）分别录取，录取比例办法同上。

（三）集体项目

按拳术类、器械类（拳术和器械混编项目归器械类）设一等奖 20%、二等奖 40%、三等奖 40%。颁发获奖牌匾，个人颁发获奖证书。

（四）各单项各组别男、女报名人数在 5 人（含 5 人）以下时，按同类项目相近年龄组别合并，如仍不足 5 人，则按不同项目相同年龄组别合并，男、女分别录取。

（五）团体项目

1. 录取前六名。第一名颁发获奖牌匾和奖金 5000 元人民币，第二名颁发获奖牌匾和奖金 3000 元人民币，第三名颁发获奖牌匾和奖金 1000 元人民币，第四名至第六名颁发获奖牌匾。

2. 积分方法：

个人项目和对练项目一等奖积 5 分，二等奖积 3 分，三等奖积 1 分；集体项目一等奖积 7 分，二等奖积 5 分，三等奖积 3 分。按各队总积分排列，分值高者列前。若总积分相等，以获一等奖多者列前。若仍相等，以获得二等奖多者列前，以此类推。

（六）最佳男、女运动员奖

凡获得各单项拳术、器械第一名者(参赛人数在 15 人以上), 在该项目比赛结束后, 请到编排组申请参加最佳男、女运动员决赛。大会设最佳男、女运动员奖, 男、女分别录取前三名, 第一名颁发奖杯和奖金 5000 元人民币、第二名颁发奖杯和奖金 3000 元人民币、第三名颁发奖杯和奖金 1000 元人民币。

(七) “最佳传承奖”和“未来之星奖”

所有参赛运动员中年龄最长者获得“最佳传承奖”, 年龄最小者获得“未来之星奖”, 颁发证书和奖杯。

(八) 武德风尚奖

设武德风尚奖运动队、运动员、教练员、裁判员。主要依据文明礼仪、参赛人数、参赛项目的数量、比赛成绩以及赛风赛纪等方面进行评选, 另见评选办法。

九、报名和报到

(一) 报名

1. 报名网站: <http://ctwushu.justtool.com>;

本届大赛报名方式为网上报名, 请各参赛队由领队统一在规定时间内完成网上报名, 并将所报人员身份证复印件、、责任声明书(手写签字)、人身意外保险单(保期须包含比赛时间)按规定拍照上传至报名网站。

辅助报名邮箱: xzswsydxh@126.com。

2. 报名截止时间: 11 月 22 日 24:00 前。

3. 各队名称要求在 10 个汉字以内，对超过 10 个汉字的队名，组委会有权对其进行删减。

（二）报到

1. 请各队于 12 月 6 日 18:00 前到江苏省徐州市报到，具体地点另行通知。

2. 如需接站，请务必于 12 月 1 日之前，将抵达徐州市的具体日期、车次、人数以邮件或传真形式告知组委会接待组，以便接待。

3. 报到时提交责任声明书（手写签字）、人身意外保险单（保期须包含比赛时间）、健康证明（赛前 15 天内的《体检证明》）。

十、经 费

（一）大会统一安排食宿，费用由各参赛单位自理。请于报名时，一次性汇入指定账户（费用包含食宿、会务、参赛、宾馆至赛场交通、大会统一安排的游览活动等）。汇款时请备注参赛人姓名或代表队名。不接受现场缴费。

（二）费用标准

1. 国内队伍标准：双人标间每人每天 260 元人民币，五天共计 1300 元人民币；单人间每人每天 360 元人民币，五天共计 1800 元。提前报到、推迟离会者，自行安排食宿。推迟报到、提前离会者，不予办理退款。

2. 境外队伍（含港澳台地区）标准

A 标准：三星级宾馆：标准间每人每天 45 美元；单人间每人每天 60 美元。

B 标准：四星级宾馆：标准间每人每天 55 美元；单人间每人每天 70 美元。

C 标准：五星级宾馆：标准间每人每天 65 美元；单人间每人每天 80 美元。

3. 徐州本地不随大会统一食宿的参赛队每人须一次性缴纳会务费 300 元。

（三）汇款帐户

户 名：徐州市武术协会

开户行：中国银行徐州市解放南路支行

账 号：4975 6586 9277

十一、仲裁委员会和裁判员

（一）仲裁委员会人员组成和职责范围按《仲裁委员会条例》执行。

（二）裁判人员由中国武术协会选派，另行通知。

十二、联系方式

（一）国家体育总局武术运动管理中心社会部

联 系 人：张光强、孙新锋

联系电话：（010）64912172

电子邮箱： shehuiwushu@wushu.com.cn

（二）第五届中国·徐州“丝路汉风”国际武术大赛暨 2023

年全国传统武术比赛组委会

联系人：柳 建（13905218907）、张本云（18052155001）

联系电话：86-10-0516-85827066

传 真：86-10-0516-83858936

电子邮箱：xzswsydxh@126.com

通讯地址：徐州市泉山区解放南路 256 号

邮 编：221009

十三、其 它

（一）请各队领队和教练，于 12 月 7 日上午 10：00 按时参加组委会和技术会议。具体地点见报到须知。

（二）运动员须自行办理赛会期间的《人身意外伤害保险》和健康证明，并签署责任声明书。任缺一项者，均不得参赛。需委托大会办理的请在报名表中注明。

（三）各参赛队报到后，大会医务组将对运动员的身体健康状况、《人身意外伤害保险》和责任声明书进行检查，如发现问题，取消参赛资格。

（四）运动员比赛服装和器械自备。必须穿着武术传统形式的武术服装和武术鞋。

（五）运动员须在赛前 30 分钟参加检录，上场前到检录处等候，3 次检录未到者，按弃权处理。

（六）比赛无故弃权者，取消本人全部比赛成绩。

（七）报到后，请各队认真阅读秩序册内容，若对编排项目、

姓名有异议者，务必于 12 月 7 日上午 9：00 之前，由本人或领队、教练填写申请表并签字递交大会组委会竞赛部（并注明签字人联系电话）。提出申请的内容与原始报名表相符者，予以更改；与原始报名表不符者，不予更改。

（八）12 月 10 日下午在比赛场馆举行颁奖仪式，将颁发最佳运动员奖、团体名次奖、武德风尚奖（所有奖金将以现金形式颁发）。请各获奖队和个人准时参加。

（九）此规程、报名表和规则可登录中国武术协会官方网站 <http://www.wushu.com.cn> 和公众号“徐州市武术协会”下载。

（十）未尽事宜，另行通知。

Regulations of the 5th China (Xuzhou) “Silk Road and Han Style” International Wushu Competition and the 2023 National Traditional Wushu Competition

I. Time and location of the competition

From December 6 to 10, 2023, held in Xuzhou City, Jiangsu Province, China.

II. Hosts

Wushu Administrative Center of the General Administration of Sport of China, Chinese Wushu Association, Jiangsu Provincial Sports Bureau, Xuzhou Municipal People's Government.

III. Organizers

Jiangsu Sports Competition Management Center, Jiangsu Wushu Sports Management Center, Jiangsu Wushu Sports Association, Xuzhou Sports Bureau, Xuzhou Wushu Association.

IV. Participants

All provinces, autonomous regions, municipalities directly under the Central Government, cities under separate state planning, the Wushu Sports Management Center of the Sports Bureau of the Xinjiang Production and Construction Corps (competent department for martial arts), martial arts associations, sports associations in various industries, sports colleges, and hometowns of martial arts;

domestic martial arts organizations that recognize and abide by the charter of the Chinese Wushu Association;

national or regional martial arts groups and martial arts organizations that recognize and abide by the International Wushu Federation's charter.

V. Competition events

(I) Individual events

1. Boxing

(1) Tai Chi:

Regular events: 24-style Tai Chi, 42-style Tai Chi, Chen style, Yang style, Wú (吴) style, Wǔ (武) style, and Sun style Tai Chi competition routines.

Traditional events: Chen style, Yang style, Wú (吴) style, Wǔ (武) style, Sun style, other traditional Tai Chi (please fill in the specific routine name when registering).

(2) Nan Quan: Wing Chun, Wuzu Quan, Hong Quan, Cai Li Fo, Dishu Quan, Crane Fist, and other Nan Quan (please fill in the specific routine names when registering).

(3) Other boxing categories: Xingyi Quan, Bagua Palm, Baji Quan, Tongbei Quan, Pigua Quan, Fanzi Quan, Ditang Quan, Xiangxing Quan, Zha Quan, Hua Quan,

Pao Quan, Hong Quan, Hua Quan, Shaolin Quan, Wudang Quan, Emei Quan, and other traditional boxing techniques (please fill in the specific routine name when registering).

2. Equipment

(1) Single equipment: Sabre, Sword, Staff, Spear, Pu Dao (Long Handle Sabre), Fan, Dagger, Whipstick, Cane, Club, T-Baton, Spade, Pick Fork, Tai Chi Sword (including 42-style Tai Chi Sword), Tai Chi Sabre, Tai Chi Spear, Nan Sabre, Nan Staff and other single equipment (please fill in the specific routine name when registering).

(2) Double equipment: Double Sabres, Double Swords (including Long Tussle Double Swords), Double Whips (including Sabre plus Whip), Double Hooks, Double Daggers, Double Axes, other double equipment (please fill in the specific routine name when registering).

(3) Soft equipment: Nine Section Chain Whip, Nanchaku, Three Section Stick, Meteor Hammer, Rope Dart, other soft equipment (please fill in the specific routine name when registering).

(II) Sparring events (no age grouping)

Hand form routines and equipment routines (including hand vs. equipment routines).

(III) Group events (no age grouping)

Group hand form routines and group equipment routines (including hand vs. equipment routines).

VI. How to participate

(I) Each team can apply for a team leader, a coach, a team doctor, an unlimited number of athletes, with several accompanying members.

(II) Each athlete is limited to applying for one boxing event and one equipment event, and can apply for both sparring and group events.

(III) Each team is limited to one sparring event and is limited to groups of 2 or 3 people. Men and women can be mixed into groups, and there are no age groups.

(IV) Each team is limited to one group event, and the number of people must not be less than 6. Men and women can be mixed into groups, and there are no age groups.

(V) Each team in the domestic group can apply to participate in group events. There are no restrictions on gender and age groups. The number of people must not be less than 15 (including 15), and they need to participate in group events. There is no group event for the overseas group.

VII. Competition methods

(I) The competition shall comply with the 2012 edition of the "Traditional Wushu Routine Competition Rules" and related supplementary regulations approved by the Chinese Wushu Association.

(II) Time to complete the routine:

1. Traditional boxing skills and equipment should not exceed 2 minutes (except

for Tai Chi events).

2. Tai Chi for no more than 4 minutes. When the drill reaches 3 minutes, the referee will blow the whistle.

3. Tai Chi equipment for no more than 3 minutes. When the drill reaches 2 minutes, the referee will blow the whistle.

4. The sparring session should last no less than 40 seconds, and the Tai Chi sparring session should last no more than 3 minutes.

5. Group events should take no longer than 4 minutes.

(III) It is stipulated that items must be practiced in accordance with the prescribed routine sequence, and no additions, subtractions or changes in movements are allowed. Each time an action is added or subtracted or an action is changed, 0.1 points will be deducted, and points will be deducted cumulatively. No points will be deducted for unfinished routines after the referee blows the whistle.

(IV) Group events must be accompanied by music (self-provided music in MP3 format). There must be no rapping or other content in the music. If a rapper appears, the referee will deduct a total of 0.1 points; for those who do not have a soundtrack, a total of 0.1 points will be deducted by the referee. During the game, the coach or team leader of the team is responsible for playing the music.

(V) Age grouping of individual events

Children's Group (Group A): 11 years old and below (those born after January 1, 2012);

Youth Group (Group B): 12 to 17 years old (those born from January 1, 2006 to December 31, 2011);

Youth Group (Group C): 18 to 39 years old (those born from January 1, 1984 to December 31, 2005);

Middle-aged group (Group D): 40 to 59 years old (those born from January 1, 1964 to December 31, 1983);

Elderly Group (Group E): 60 years old and above (those born before December 31, 1963).

VIII. Admission and reward measures

(I) Individual events

According to each individual age group and male and female category, the first prize is 20%, the second prize is 30%, and the third prize is 30%. Issue award certificates and medals.

(II) Sparring events

Participants will be admitted separately according to hand form and equipment routines (including hand vs. equipment routines)), with the same admission ratio as above.

(III) Group events

The first prize is 20%, the second prize is 40%, and the third prize is 40% according to the category of boxing and equipment (mixed boxing and equipment events are classified as equipment). Award plaques will be issued and award certificates will be awarded to individuals.

(IV) If the number of male and female applicants in each category of each individual event is less than 5 (including 5), they will be merged into similar age groups of the same event; if there are still less than 5, they will be merged into the same age groups of different events, and men and women will be admitted separately.

(V) Group events

1. The top six admitted. The first place will be awarded a plaque and a bonus of RMB 5,000, the second place will be awarded a plaque and a bonus of RMB 3,000, the third place will be awarded a plaque and a bonus of RMB 1,000, and plaques will be awarded to the fourth to sixth placers.

2. Points method:

The first prize for individual events and sparring events is worth 5 points, the second prize is worth 3 points, and the third prize is worth 1 point.

The first prize in group events is worth 7 points, the second prize is worth 5 points, and the third prize is worth 3 points. Each team is ranked according to their total points, with the team with the highest score ranked first. If the total points are equal, the one with more first prizes will be ranked first. If there is still a tie, the one with more second prizes will be ranked first, and so on.

(VI) Best male and female athlete awards

Anyone who wins the first place in each individual boxing skill or equipment (the number of participants is more than 15), after the competition of that event, please go to the arrangement group to apply to participate in the best male and female athlete finals. The conference has awards for the best male and female athletes. The top three male and female athletes will be selected respectively. The first place will be awarded a trophy and a bonus of RMB 5,000, the second place will be awarded a trophy and a bonus of RMB 3,000, and the third place will be awarded a trophy and a bonus of RMB 1,000.

(VII) "Best Heritage Award" and "Future Star Award"

The oldest among all participating athletes will win the "Best Heritage Award", and the youngest will win the "Future Star Award", and will be awarded certificates and trophies.

(VIII) Martial arts morality fashion award

There are martial arts morality fashion awards for sports teams, athletes, coaches and referees. The selection is mainly based on civilized etiquette, number of participants, number of participating events, competition results, competition style and competition discipline. Please also refer to the selection method.

IX. Registration and check-in

(I) Registration

1. Registration website: <http://cwushu.justtool.com>;

The registration method for this competition is online. Each participating team is required to complete the online registration before the specified time by the team leader, and submit a copy of the applicant's ID card, a liability statement (handwritten signature), and a personal accident insurance policy (the insurance period must include the competition time). Take photos of the above materials as required and

upload them to the registration website.

Auxiliary registration email: xzswsydxh@126.com.

2. Registration deadline: before 24:00 on November 22.

3. Each team name is required to be within 10 Chinese characters. For team names that exceed 10 Chinese characters, the organizing committee has the right to delete them.

(II) Check-in

1. All teams are requested to check in in Xuzhou City, Jiangsu Province before 18:00 on December 6. The specific location will be notified separately.

2. If you need to be picked up from the station, please inform the reception team of the organizing committee by email or fax of the specific date, train number, and number of people arriving in Xuzhou City before December 1 for reception.

3. Submit a responsibility statement (handwritten signature), personal accident insurance policy (the guarantee period must include the competition time), and health certificate ("Medical Examination Certificate" within 15 days before the competition).

X. Funding

(I) The conference will arrange meals and accommodation in a unified manner, and the expenses will be borne by each participating unit. Please make a one-time transfer to the designated account when registering (the fee includes accommodation, conference services, competition, transportation from the hotel to the competition venue, sightseeing activities arranged by the conference, etc.). Please note the name of the participant or the name of the representative team when making the remittance. On-site payment is not accepted.

(II) Fee standards

1. Standards for domestic teams: RMB 260 per person per day for a standard double room, totaling RMB 1,300 for five days; RMB 360 per person per day for a single room, totaling RMB 1,800 for five days. Those who check in early or leave late will have to arrange their own meals and accommodation. No refunds will be issued for late check-in or early departure.

2. Standards for overseas teams (including Hong Kong, Macao and Taiwan regions of China)

Standard A: Three-star hotel: USD 45 per person per day for a standard double room; USD 60 per person per day for a single room.

Standard B: Four-star hotel: USD 55 per person per day for a standard double room; USD 70 per person per day for a single room.

Standard C: Five-star hotel: USD 65 per person per day for a standard double room; USD 80 per person per day for a single room.

3. Local participating teams in Xuzhou that do not have the same meals and accommodation as the conference must pay a one-time conference fee of 300 yuan per person.

(III) Remittance account

Account name: Xuzhou Wushu Association

Account bank: Bank of China Xuzhou Jiefang South Road Branch

Account number: 4975 6586 9277

XI. Arbitration committee and referees

(I) The composition and scope of responsibilities of the arbitration committee shall be in accordance with the "Arbitration Committee Regulations".

(II) The referees will be selected by the Chinese Wushu Association and will be notified later.

XII. Contact information

(I) Social Department of the Wushu Administrative Center of the General Administration of Sport of China

Contact person: Zhang Guangqiang, Sun Xinfeng

Contact number: (010) 64912172

Email: shehuiwushu@wushu.com.cn

(II) The Organizing Committee of the 5th China (Xuzhou) “Silk Road and Han Style” International Wushu Competition and the 2023 National Traditional Wushu Competition

Contact person: Liu Jian (13905218907), Zhang Benyun (18052155001)

Tel: 86-10-0516-85827066

Fax: 86-10-0516-83858936

Email: xzswsydxh@126.com

Mailing address: No. 256, Jiefang South Road, Quanshan District, Xuzhou City

Postcode: 221009

XIII. Others

(I) Team leaders and coaches of each team are requested to attend the organizing committee and technical meeting on time at 10:00 am on December 7. See the registration instructions for specific locations.

(II) Athletes must apply for "Personal Accident Insurance" and health certificates during the competition by themselves, and sign a declaration of responsibility. Anyone missing any item will not be allowed to participate. If you need to entrust the conference to handle the matter, please indicate it in the registration form.

(III) After each participating team registers, the medical team of the conference will check the athletes' physical health status, "Personal Accident Insurance" and liability statement. If any problems are found, they will be disqualified.

(IV) Athletes must bring their own competition clothing and equipment. Martial arts attire and martial arts shoes in the traditional form of martial arts must be worn.

(V) Athletes must attend the inspection 30 minutes before the game and wait at the inspection office before taking the field. Those who fail to attend the inspection after 3 times will be deemed to have given up.

(VI) If you abstain from the competition without any reason, all your competition results will be cancelled.

(VII) After registration, each team is requested to read the contents of the order book carefully. If there is any objection to the arranged items or names, they must fill

in the application form and sign it before 9:00 am on December 7th by themselves or the team leader or coach and submit it to the conference. Competition Department of the Organizing Committee (and indicate the contact number of the signatory). If the content of the application is consistent with the original registration form, it will be changed; if it is inconsistent with the original registration form, it will not be changed.

(VIII) An award ceremony will be held at the competition venue on the afternoon of December 10, and the best athlete award, group ranking award, and martial arts morality fashion awards will be awarded (all prizes will be awarded in cash). All winning teams and individuals are requested to attend on time.

(IX) These regulations, registration forms and rules can be downloaded from the official website of the Chinese Wushu Association at <http://www.wushu.com.cn> and the official WeChat account "Xuzhou Wushu Association".

(X) Matters not covered will be notified separately.